**PRE-SEASON TRAINING CAMP 2015**

CDRC WARESLEY PARK PRE SEASON TRAINING CAMP 14th -15th FEBRUARY

We will be holding another training camp @ Waresley to help us tune up for the coming competition season.

Owen Moore (famous 4\* event rider see Facebook page) & Nat Dixon (local 4 \*event rider)

are booked & confirmed as trainers. Beverly Wing local instructor & McTimoney chiropractor will be coming to do some individual Flatwork/test riding sessions Sat 11am-3pm for those who want to practise their test in readiness for the Area dressage qualifier the following weekend.

You will have 1 Flatwork/Polework lesson Sat AM. A Grid work /SJ lesson Sat PM & Arena

XC session (corners skinnies etc) Sun AM plus unlimited use of gallops to hack/warm up &

do faster fitness work over the weekend.

We will group people according to level/ experience/ & Nat will take groups of 4 & Owen will teach individually or in pairs.

We will be staying overnight in the cottage on the yard but you can sleep in lorries in yard or go home if nearby but welcome to come back & join in the evening fun.

Sharon & Mary will be in charge of catering & entertainment again with plentiful food & refreshments and Pilates ball competitions and a bit of Karaoke on Sat night thrown in with plenty of alcohol (not supplied pls bring your own) and prizes. Such Fun!

The weekend will cost approx £180 including 3 lessons use of gallops & arenas, stable, B&B accommodation & unlimited food.

Partners can stay for the weekend for an additional £50 including B&B and all food.

We will arrive 10am Sat & leave after lunch on Sun by 4pm.

We will need some volunteers to help with car parking arrivals on Sat from 9.30am & allocating stables if you have anyone you can rope in. (Bacon butties for helpers!)

Please complete the booking form below & include a deposit cheque of £50 payable to

CDRC & send to Kerry Simson Bexley House Stables 86 Station Road Warboys Cambs

PE28. 2TH.

Any queries please email Ksimson@cambsfarrier.co.uk or text 07833 690812 or msg me on Facebook.